



828 Hazelwood Ave  
Pittsburgh, PA 15217  
412-421-2708  
[www.sqfoodpantry.org](http://www.sqfoodpantry.org)

## Gluten Free Food of the Month Calendar

<b>January-</b> GF Soup
<b>February-</b> GF Hot Cereal
<b>March-</b> Rice and GF Boxed Meals
<b>April-</b> GF Cereal
<b>May-</b> GF Breakfast or Protein Bars
<b>June-</b> GF Pasta and Grains
<b>July-</b> Rice and GF Boxed Meals
<b>August-</b> GF Snacks (Rice cakes, soy chips, applesauce)
<b>September-</b> GF Cold Cereal
<b>October-</b> GF Breakfast or Baking Mixes
<b>November-</b> GF Pasta and Grains
<b>December-</b> GF Soup